

Louisville Aquatics PROGRAM POOL Aug. 10 - 16

	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY																																							
LANES	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	LANES																																			
5:30 AM	LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE												5:45 AM																																			
6:00 AM																													LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE								6:00 AM															
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7:00 AM	LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE								7:00 AM																																											
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8:00 AM	LAP SWIM WATER EXERCISE				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM WATER EXERCISE								8:00 AM																																							
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9:00 AM	AQUAFIT COMBO MARGIE				AERO DEEP MARY				LAP SWIM EXERCISE PRIVATE LSSN				AERO DEEP MARY				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM WATER EXERCISE								9:00 AM																																			
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10:00 AM	LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				AQUAFIT COMBO HAWK				LAP SWIM WATER EXERCISE								10:00 AM																																							
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11:00AM	LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				CLOSED FOR MAINTENANCE WEEK				11:00 AM																																							
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12:00 PM	LAP SWIM EXERCISE PRIVATE LSSN				HIIT AQUAFIT HAWK				LAP SWIM EXERCISE PRIVATE LSSN				AQUA ZUMBA LAURA				LAP SWIM WATER EXERCISE								12:00 PM																																							
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1:00 PM					LAP SWIM EXERCISE				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				OPEN SWIM				1:00 PM																																							
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6:00 PM	LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				DEEP AEROBICS HAWK				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				Color Key: LAP SWIM WATER EXERCISE GROUP LESSONS WATER AEROBICS CLASSES OPEN SWIM Private Minis				6:00 PM																																							
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9:00 PM	Close 7:45PM				Close 7:45PM				Close 7:45PM				Close 7:45PM				Close 6:45pm								9:00 PM																																							